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## They Slay! These Stunning Celebs Are Killing The Game At 45+

We all know the saying, “Black don’t crack!”

As soon as puberty hits, we’re all encouraged to moisturize, stay hydrated and get our eight hours of sleep so that our melanin will continue blessing our lives and our skin. For many of our favorite celebs, these efforts have worked beautifully, leaving them with flawless complexions and timeless youthful appearances.

**Dr. Kirk Brandow**, founder and director of the Brandow Clinic for Cosmetic Surgery, is a trusted expert who has developed many innovative, minimally invasive procedures for the face, body and skin. Named a “Top Doc” in plastic surgery by Philadelphia Magazine, Dr. Brandow is nationally recognized as one of America’s “Best Plastic Surgeons” of this decade.

Recently, Dr. Brandow spoke with EBONY.com about the top five celebs who are killing the game over 45.

### **Nia Long- 46**

The veteran actress obviously got her hands on whatever Benjamin Button was taking. “Her features lend itself to a very youthful appearance. She’s blessed with great bone structure. She may have Botox to the forehead and possibly some filler to the cheeks. Nia’s freckles also add to her looking younger. It’s important to wear sunscreen daily and consider laser treatments for anyone noticing sunspots,” says Dr. Brandow.

### **Naomi Campbell- 47**

The legendary supermodel has been stomping down runways for more than three decades, and she looks more magnetic every day. “Procedures such as tummy tucks, body lifts and other body contouring treatments are typically what women turn to in their mid to late 40’s, but Naomi seems to be defying gravity with long walks on the runway.” Dr. Brandow expresses.

### **Halle Berry- 50**

The Academy Award-winning actress stays fresh-faced and carefree. “You want your skin to breathe as much as possible. I advise women in their 20’s that the best way to postpone your need for fillers or facelifts is to moisturize daily and use sunscreen. Halle [has] light skin and can certainly burn in the sun which leads to sagging skin, sunspots and wrinkles,” explains Dr. Brandow.

### **Angela Bassett- 58**

Tight and toned, the elegant *Black Panther* actress is aging like fine wine. “This is a role model for women in their 20’s and 30’s. Angela has a bright smile, a gorgeous body that is in shape due to diet and exercise. You can also tell she isn’t fanatical about it. It is possible she maintains her skin from sagging with the Vampire Facial (PRP and Micro needling) which is

safer than lasers for African-American skin as well as cheek fillers and Botox. This is done naturally and with the utmost respect for her beautiful bone structure,” says Dr. Brandow.

## **Iman -62**

This fashion and beauty pioneer is the blueprint to youthful beauty. “By the early 60’s women have double chins, jowls and other evidence of gravity pulling the face down. Iman may benefit from fillers since she is incredibly slender, but I think she has had a very discrete and natural face and neck lift as well as fillers and Botox. As we age, we want to maintain fullness to the face as not to look frail. Iman is stunning at 62,” compliments Dr. Brandow.