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Laser Liposuction: The Pros & Cons of This Beauty Procedure From a Plastic Surgeon!

Considering laser liposuction? **Dr. Kirk Brandow**, a board-certified plastic surgeon in Philadelphia, shares his thoughts on this common beauty procedure.

It seems like everything that has the word “laser” in it today is perceived as a state-of-the-art breakthrough, but in this case, using laser to assist in liposuction is not necessarily so, according to Dr. Brandow. Laser liposuction uses lasers to liquefy the fat before it is removed, making it easier to vacuum out. This also may stimulate the production of collagen and elastin, which results in firmer, tighter and smoother skin. Lasers may also coagulate small blood vessels in the area, which translates to less bruising.

What’s the downside? Dr. Brandow points out that, “There is greater risk of burning, and therefore, pain. Laser liposuction, Smartlipo and similar procedures add both time and money to the typical technique.”