

**HOTEL SEX:** Get Wild Without Leaving Town p. 98

PHILADELPHIA

# STYLE

FOR YOU...YOUR HOME...YOUR LIFE

Stress-Free Weddings

**26**

Pages of:

- \* Bridesmaids' Dresses
- \* Gowns
- \* Jewelry
- \* Flowers
- \* Etiquette Advice

**2007  
Workout  
Plan:**  
Launch  
Your  
Fitness  
Routine  
Now!

**PLUS:**

Time Saving Tips  
To Keep You Sane

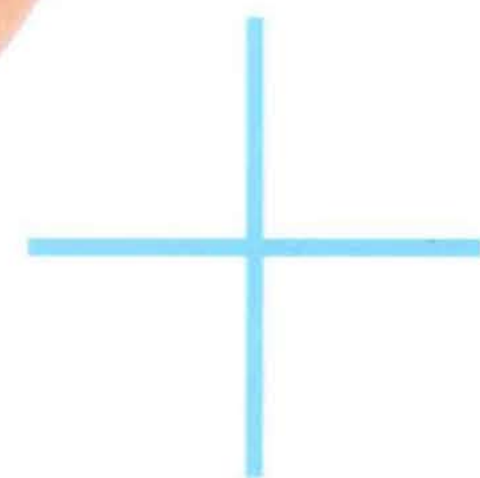
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**Small Space, BIG Style**

Make The Most Of City Living



What We're Loving Now



## KLUTZ CURE

Spend day after day in an office and you're bound to knock into a desk corner or collide with a file cabinet every now and again. For the klutzy among us (you'll know them by their unsightly bruises), there's **Dr. Sager's Original Ouchy Boo-Boo Gel**. The formula was created by Philly-based Dr. Marshall Sager to help quickly clear black-and-blues. Made from arnica, aloe and echinacea, the product fades nasty bruises to milder shades in just a few applications. Keep a stash in your desk drawer—just don't hurt yourself looking for it. *\$18.95, available at Gladwyne Pharmacy or online at [DrSagers.com](http://DrSagers.com).* —Adrian Brune



## Skin Care For All

Europe's No. 1 skin-care brand has finally made its way to Philadelphia. The Vichy line of dermatologist-backed products offers affordable solutions for all types of skin. Visit the counter in Rittenhouse's CVS for a complimentary skin analysis by a pro. You'll get suggestions on the perfect products for your complexion. *Log on to [VichyUSA.com](http://VichyUSA.com) for details.* —T.G.

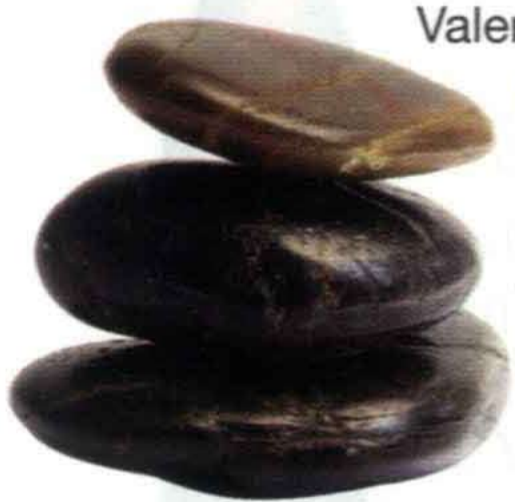
✓ **Now there's one more reason to book an appointment at Pileggi on the Square:** The location's new on-site day spa. For information on services, call 215-627-0565.

## Couples Therapy

Before you offer to rub your sweetie's tense shoulders, take a minute to seriously think about your massage skills. If you don't know the difference between shiatsu and Swedish, skip the at-home treatment and head to **Toppers Spa**, where couples can relax in a dim room for side-by-side massage services. For a

Valentine's Day treat, book the **Luxury Massage**

**for Two**, a leisurely 110-minute blend of hot-stone therapy (you must ask for it), raindrop massage and Swedish technique that's well worth the \$420 price tag. You'll both emerge feeling calm and completely de-stressed. *Toppers Spa, 117 S. 19th St., 215-496-9966, [ToppersSpa.com](http://ToppersSpa.com).* —Tracey Giordano



Feel like your face needs some pampering?

Head to the **Brandow Clinic** the next time you need a facial. The **Bala Cynwyd-based medical spa** specializes in the latest facial surgeries, but its microdermabrasion and other treatments are also top-notch. *Go to [BrandowClinic.com](http://BrandowClinic.com) for information.* —T.G.



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## Wanted: Younger-Looking Skin

Believe it or not, microorganisms may be the key to a youthful complexion. Live bacteria cultures—like the ones found in some types of yogurt—can boost levels of healthy microorganisms in the body. And today they're making it beyond the dairy case and into beauty treatments. Bioelements has loaded its **Probotix Anti-Aging Serum** with probiotics that can reduce irritation, halt aging and reverse the breakdown of collagen and elastin. *\$66, [Ettoré European Salon & Spa](http://EttoreEuropeanSalon.com).* —T.G.



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